College of Saint Elizabeth Dietetic Internship

Combined Masters in Nutrition/Dietetic Internship Program

Program Description
The combined Master’s in Nutrition/Dietetic Internship Program (MS/DI) is completed in 38 credits. Accepted students complete 18 hours of on-line MS in Nutrition coursework prior to completing 18 credits of Dietetic Internship (DI) program-specific coursework, which includes a minimum of 1200 hours of supervised practice. Two additional credits of MS coursework are completed concurrently with the DI. Students who successfully complete the program receive a Masters in Nutrition and a verification statement of program completion. They are then eligible to take the National Registration Examination for Dietitians (RD/RDN). The program offers a concentration in Entrepreneurial Nutrition Practice. The program’s mission, goals and outcomes and course descriptions are available on the website at www.cse.edu/di.

Accreditation Status (Self Study and Site Visit scheduled for Fall 2015)

<table>
<thead>
<tr>
<th>The Dietetic Internship Program of the College of Saint Elizabeth is granted accreditation status by the Accreditation Council for Education in Nutrition and Dietetics (ACEND), the accrediting agency for the Academy of Nutrition and Dietetics through 2015. ACEND is a specialized accrediting body recognized by the United States Department of Education. The address and phone number of ACEND is 120 South Riverside Plaza, Suite 2000, Chicago, Illinois, 60606, 312/899-4876.</th>
</tr>
</thead>
</table>

Courses from MS in Nutrition Core and Electives (20 credits)
- MC 626 Ethical Issues in Human Services Leadership (3)
- FN 650 Advanced Nutrition & Metabolism (3)
- FN 620 Child/Adolescent Nutrition (2)
- FN 630 Interventions & Strategies for Weight Management (3)
- FN 624 Integrative Nutrition & Health Therapies (3)
- FN 655 Research Methods for Health Professionals (3)
- FN 677 Program Design & Management in Nutrition (3)

In addition to completing theses courses students complete dietetic internship specific courses and supervised practice hours.

Dietetic Internship Specific Didactic Courses (18 credits)
- FN 603 Applied Concepts in Clinical Nutrition Practice (3)
- FN 632 Applied Concepts in Nutrition Education and Counseling (3)
- FN 634 Applied Concepts in Food and Nutrition Professional Communications (3)
- FN 636 Applied Concepts in Community Nutrition Programming (1)
- FN 694 Capstone in Supervised Practice in Dietetics (1)

Dietetic Internship Supervised Practice

Full Time
- FN 601 Supervised Practice in Dietetics I (3)
- FN 607 Supervised Practice in Dietetics II (4)
- *FN 609 Supervised Practice in Dietetics III (0)

Part Time in lieu of FN 601 and FN 607
- FN 611 Part-Time Supervised Practice in Dietetics I (2)
- FN 615 Part-Time Supervised Practice in Dietetics II (3)
- FN 619 Part-Time Supervised Practice in Dietetic III (2)

*FN609 is a requirement of the program to earn the Verification of Completion of the Dietetic Internship. Full time interns must complete additional supervised practice after the College graduation to complete minimum hours required.
The dietetic internship didactic coursework is completed in a seminar format, typically on campus one day a week. It includes lectures, case studies, field trips, role play and simulation to prepare the student for supervised practice and support acquisition of competence.

**Supervised Practice**
Supervised practice is divided into five areas: Clinical Dietetics, Departmental Management, Community Nutrition, Professional Development and the Entrepreneurial Nutrition Practice Concentration. The schedule is planned on a rotational basis. Students will participate in a supervised practice orientation prior to starting supervised practice hours.

Over 490 hours are devoted to clinical dietetics which includes intensive training in a variety of medical surgical specialties, diabetes, renal, nutrition support and long-term care. Departmental Management is completed in either a healthcare setting or at an alternative site based on the prior experiences of the student. This rotation is accomplished in just under 200 hours.

During the Community Nutrition rotation, students experience a variety of settings including child nutrition programs, community outreach and women’s health. An 80 hour culminating practice experience, evidence analysis case study presentation, professional and lay communication experiences and participation in the New Jersey Dietetic Association’s Annual Meeting and/or other professional activities comprise the Professional Development rotation.

The Entrepreneurial Nutrition Practice concentration includes 160 hours in Nutrition Education and Counseling at the college’s Center for Nutrition and in Corporate Wellness. The Retail/Supermarket unit consists of 64 hours and rounds out the 224 hours in the concentration. A complete list of our practice hours and rotations can be found at the website on the Dietetic Internship page [www.cse.edu/di](http://www.cse.edu/di).

**Full and Part Time Option**
The full-time option spans two academic years and may require participation in one or more interim or summer sessions. Full time students are expected to enroll in nine credits in the fall and spring semesters of the first year, which provides full time graduate status. Full time students must successfully complete 18 credits of the MS in Nutrition Core and Electives outlined above prior to beginning supervised practice.

During the first year, students take coursework on-line and do not need to relocate. During the second academic year, full time students complete 32 hours (4 days) of supervised practice and participate in seminar one day a week and would be expected to live in the program’s geographic area (NJ, NY or PA within commuting distance – approximately 2 hours from the college).

The part-time option spans 2 ½ to 3 academic years. During supervised practice part time interns must complete 24 hours (3 days) of supervised practice a week and participate in seminar one day a week. The coursework schedule will vary for the part time intern. Part time interns will participate in the DI specific coursework and begin supervised practice during the second year of the program. Part time students will enroll in at least six online credits for each of the first two academic semesters in the program. Part time interns can accelerate completion of the program by enrolling in more than six credits of MS in Nutrition Core and Elective courses a semester. Supervised practice will span 1 ½ years; the program could be completed in 2 ½ academic years instead of 3 if the student would like to accelerate the coursework.

**Practice Sites**
Supervised practice will be scheduled on a rotation basis at teaching and/or community hospitals, long-term care centers, and other health care facilities, schools, clinics and outpatient programs, primarily located in northern and central New Jersey. Additional site placements in parts of NY and PA may be possible based on a student’s place of residence. The placement must be within a reasonable commute to the college. The MS/DI is not accredited to provide supervised practice in a distance format.
College of Saint Elizabeth Dietetic Internship

Community nutrition, educational agencies and corporations provide additional practice opportunities. Experiences will be supervised by College of Saint Elizabeth faculty, Registered Dietitians and other qualified food and nutrition or health professionals employed by the sites. While specific site placements cannot be guaranteed, faculty makes every effort to place students within a reasonable commute for the intern.

All sites participate on a voluntary basis. The faculty/staff of the college are responsible for all contractual and insurance arrangements and placements, with the exception of Community Nutrition Education. Students are responsible to identify a community practice site. Students are also responsible for communicating with sites for workplace details (time/ place to report, ID badge needs, etc), as well as for their own travel and parking arrangements.

Application Options
The CSE Dietetic Internship offers three application options: Pre-select for those enrolled in the BS/DPD option at the College of Saint Elizabeth who elect to apply through this option; the Individualized Supervised Practice Pathway (only for those with a doctorate and DPD Verification); and General Application for all other applicants.

CSE Pre-Select Applicants (ONLY AVAILABLE TO College of Saint Elizabeth’s Current Students)
Students enrolled in the BS in Nutrition/DPD Concentration at the College of Saint Elizabeth have two options open to them for graduate study in nutrition at the college. Students may apply to either the BS/MS in Nutrition or the Pre-select MS/DI. Application materials, instructions and criteria for these options are the same; the applicant will indicate which option she/he is applying to on the application form. The application fees are waived for CSE students applying to these options.

CSE Graduate Study Option One
The BS/MS option allows students to complete the BS and MS in Nutrition in five years, with specific courses in the Senior Year applying towards the master’s requirements. Students accepted into this option who wish to pursue the RD/RDN credential may apply to dietetic internship programs offered by another institution. See the college catalog online for more information about the BS/MS program. For more information about applying to dietetic internships offered at other institutions, the student may speak to the college’s Didactic Program in Dietetics Director.

CSE Graduate Study Option Two
The Pre-select MS/DI at the college provides pre-select admission to the MS/DI program. Students accepted into this option complete the master’s in nutrition and the dietetic internship program over two years for full time and to two and a half years to three years for part time after completion of the BS degree and DPD Verification coursework. Upon completion of the MS/DI the student receives a Masters in Nutrition and receives a Verification of Program Completion allowing the student to sit for the National Examination for Registered Dietitians/Nutritionists (RD/RDN).

Up to eight of the MS/DI program’s twenty positions may be filled using the pre-select option. Applicants apply at the beginning of the Senior year and are expected to have a 3.2 overall GPA and 3.5 in the DPD required courses at the time of application. Students wishing to apply through this option should contact the Dietetic Internship Director between August 1st and September 1st for application forms and instructions. Application materials will be due on September 15th. Grades through the second semester of Junior year will be used in the GPA calculations. Students will be required to complete an application form, write a letter of application and provide a resume. A committee of Foods and Nutrition faculty will review the pre-select applications and make a decision by October 1st. Applicants accepted will be required to confirm acceptance by October 15th. Acceptance is provisional and will require maintenance of at least a 3.2 DPD-GPA and ethical behavior standards as published in the Foods and Nutrition Program and College Student Handbooks available on the CSE Website.
**College of Saint Elizabeth Dietetic Internship**

To apply through to the MS/DI pre-select option students must have:

- Completed the prerequisites to the MS in Nutrition program including: Human Physiology, Introductory and Organic Chemistry, Biochemistry, Advanced Nutrition and Statistics.
- Completed Element I and II of the general education requirements.
- 3.2 GPA overall GPA and 3.5 DPD GPA at the time of application and if accepted, maintain at least a 3.2 GPA in the DPD requirements through Senior Year.

Students confirming acceptance into the MS/DI will not be eligible to apply to other programs using the Dietetic Internship Centralized Application System (DICAS) or national computer matching through D&D Digital.

**Individualized Supervised Practice Pathway (ISPP)**
The college offers one to two ISPP slots for those with a doctoral degree in a related area and a DPD Verification Statement. Those interested in completing the ISPP option should contact the Dietetic Internship Director for instructions. (The ISPP appointments are in addition to the dietetic internship’s twenty positions). An application, copy of official transcripts, DPD Verification and proof of doctorate or anticipated completion of doctorate should be provided.

ISPP applicants should complete the application process using the spring match deadline dates as published by the Academy of Nutrition and Dietetics/D&D Digital and DICAS, but do not participate in the D&D Digital or DICAS process.

**General Admission Procedures**

Applicants to the combined Masters in Nutrition/Dietetic Internship (MS/DI) must follow the procedures described in the application process and complete the applicant interview availability document available at [www.cse.edu/di](http://www.cse.edu/di).

The program has three steps to the application process. Applicants must participate in the (1) Dietetic Internship Centralized Application Service (DICAS) and (2) D&D Digital processes, including meeting all DICAS and D&D Digital deadlines. Applicants are responsible for fees paid directly to DICAS and D&D as well as for the CSE MS/DI application fee. The third step (3) in the process is to complete the program’s Applicant Interview Availability form and submit the Application Fee to the college available at [www.cse.edu/di](http://www.cse.edu/di).

**Applicants are not required to complete additional college application components. The MS/DI application process is separate from other graduate program admissions.** Applicants are responsible for meeting all application deadlines. A selection committee that includes Foods and Nutrition Program faculty, supervised practice preceptors and alums completes the ranking process for this application option.

Students accepting pre-select or matched appointments to the program will be expected to complete a modified graduate application and provide original transcripts and an original DPD verification statement to the Director of Graduate Nutrition before beginning the program.

**MS in Nutrition**

Individuals applying to the dietetic internship are also applying to the CSE Masters in Nutrition as the program is a combined MS/DI. GRE’s are not required. International applicants will be required to provide a TOEFL score and must meet college requirements for the TOEFL and have the appropriate visa to attend school in the US. Students matched to the program will be expected to matriculate into the MS in Nutrition and complete 20 credits of coursework on-line in addition to 18 credits of Dietetic Internship specific coursework and supervised practice. Upon completion of the MS/DI the intern will receive both a Masters in Nutrition and Verification of Program Completion and are eligible to participate in the college’s graduation program. Successful completion of the MS/DI establishes eligibility to sit for the National Registration Examination for Dietitians.
College of Saint Elizabeth Dietetic Internship

Program Position and Concentrations

The combined CSE MS/DI program has 15 full time and 5 part time positions with **match code 418 for full time and 134 for part time. Students will be contacted upon the match for preference for full or part time. Unfilled part time slots will be filled based on rank order from the program selection process.** Up to 8 of these 20 positions may be filled through the College of Saint Elizabeth’s (CSE) pre-select option available only to CSE students.

Interns are matched with the program through the national matching process for the April match. The MS/DI has one concentration in Entrepreneurial Nutrition Practice. While the MS in Nutrition coursework is on-line, the DI coursework is primarily completed on campus. The DI component is not a distance program. Faculty will place students at sites in NJ, some areas of NY and PA. Practice sites are arranged by program faculty.

GPA Requirement

Applicants with an overall 3.2/4.0 GPA who also follow all application instructions and meet all application deadlines will be offered an interview. Applicants with a 3.0 to 3.1 overall GPA will be reviewed and maybe offered an interview. Applicants with lower than a 3.0 overall GPA are not likely to be offered an interview or acceptance into the program.

Bachelors Degree and DPD Verification

All students matched to the MS/DI must have a minimum of a bachelor’s degree from a U.S. regionally accredited college or university or foreign equivalent and a Verification Statement from a Didactic Program in Dietetics (DPD), meeting requirements of the Accreditation Council for Education in Nutrition and Dietetics.

At the time of application, students who have not completed the educational requirements provide an Intent to Complete on DICAS through the DPD Director at their institutions. Applicants must successfully complete a bachelor’s degree and DPD Verification prior to the program’s start date. Applicants matched to the program must provide an official transcript with degree noted and DPD Verification Statement prior to the program’s start date.

Medical and Background Clearance

Final acceptance into the Program requires the applicant to meet all admission criteria, health and medical requirements including proof of immunization including but not limited to MMR, varicella, Hep B. Proof of medical insurance and student healthcare background clearance are also required.

In addition, those matched to the program must complete acceptable background checks and medical clearances at the expense of the applicant. This is required as a condition of admission to the MS/DI program. Certain medical clearances must be obtained during a specified time period before the start of the supervised practice. Interns will be advised regarding the proper forms and time line to complete these requirements.

Interns are expected to attend a mandatory orientation the June before supervised practice begins (usually the first or second Monday of the June after match).

Tuition/Fees

The following program costs are projected for the 2016-2017 academic year for full-time interns. Costs are estimated based on present tuition. Tuition is general published in April prior to enrollment.

<table>
<thead>
<tr>
<th></th>
<th>Estimated Annual Cost</th>
<th>Estimated Program (full time)</th>
</tr>
</thead>
<tbody>
<tr>
<td>$1,001 per credit</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuition (19 credits/year)</td>
<td>$19,019</td>
<td>$38,038</td>
</tr>
<tr>
<td>College Fees ($325/semester)</td>
<td>$ 650</td>
<td>$ 1,300</td>
</tr>
<tr>
<td>Mandatory Accident Insurance</td>
<td>$ 89</td>
<td>$ 178</td>
</tr>
<tr>
<td>Total</td>
<td>$19,758</td>
<td>$39,516</td>
</tr>
</tbody>
</table>
Additional Costs
Interns should budget for additional program-related expenses, which include the following:

- **Lab Coats**: $50.00 (approximately)
- **NJDA Annual Meeting and ADA Membership**: $100.00 - $150.00
- **Textbooks and Supplies**: $200.00 – $500.00
- **Physical Examination and Tests**: Variable
- **Criminal Background Search (approx.)**: $60.00 - 250.00
- **Health Insurance**: $200.00 – $250.00
- **Travel**: Variable

*Required textbooks for the Dietetic Internship are primarily those utilized during your undergraduate program. Additional texts may be required for the MS in Nutrition coursework. Interns are required to be student members of the Academy of Nutrition and Dietetics and obtain subscriptions to the Nutrition Care Manual and other online resources.

**Refers to Student Health Insurance purchased through the college’s affiliate.

Interns are responsible for the cost of their own transportation including insurance, housing, parking fees, and meals. These costs may vary depending upon living arrangements, length of commute, and supervised practice site arrangements.

NOTE: The College of Saint Elizabeth reserves the right to make changes in the tuition and fee structure as needed. Please refer to the website for more information.

Financial Aid
The Academy of Nutrition and Dietetics provides scholarships to students applying to dietetic internships. Scholarships are awarded on a competitive basis. Applications for scholarships should be requested from The Academy of Nutrition and Dietetics Foundation. Applicants are encouraged to seek additional sources of scholarship funding. In addition, interns may contact the financial aid office for further assistance regarding funding options.